



Edit a Parent-Owned Recipe: Nutrition and Traits

Background:

The Nutrition tab allows you to manage where the nutrition information appears.

The Traits tab is utilized to identify the recipe for specific needs, such as food allergies, puree, finger foods, etc.

To Do and Notice:

Nutrition

1. The following areas are open for editing:
 - **Nutrition Yield** – not applicable; utilized for ingredients only.
 - **Exclude from Nutrition Ingredient list** – click checkbox if you wish to exclude.
 - **Exclude from Nutrition Analysis** – click checkbox if you wish to exclude.
2. Click **Save**.

Traits

Add a Trait

1. Select an option from the drop-down list.
2. Click **Add**.
3. Click **Save**.

Delete a Trait

4. Click the checkbox in front of the item you wish to delete.
5. Click **Delete Checked**.
6. Click **Save**.

So What? Nutrition and Traits allow you accommodate specific needs, managing where nutrition information displays and by making helpful notations on recipes.